FREE PRINTABLE

rumaloom

Chores by age

What kids can usually handle, from toddlers to teens. Tick the ones your child already does, then pick one new chore to learn together.

Ages 2–3

Short, one-step jobs done alongside you.

- [ ] Put toys back in the bin
- [ ] Put books back on the shelf
- [ ] Help feed a pet
- [ ] Put dirty clothes in the hamper
- [ ] Wipe up small spills
- [ ] Bring their plate to the counter

Ages 4–5

Simple routines they can start to own.

- [ ] Make their bed
- [ ] Match socks from the laundry
- [ ] Sort the recycling
- [ ] Set and clear the table
- [ ] Water the plants
- [ ] Put away their clean clothes

Ages 6–8

Real household help, with a quick check afterward.

- [ ] Fold and put away laundry
- [ ] Sweep the floor
- [ ] Feed pets on their own
- [ ] Unload the dishwasher
- [ ] Empty small trash cans
- [ ] Pack their school bag

Ages 9–12

Whole jobs, start to finish.

- [ ] Load the dishwasher
- [ ] Take trash and recycling to the curb
- [ ] Make a simple breakfast or lunch
- [ ] Vacuum a room
- [ ] Clean the bathroom sink and mirror
- [ ] Rake leaves or pull weeds

Ages 13+

Grown-up chores and helping run the house.

- [ ] Do their own laundry start to finish
- [ ] Clean a whole bathroom
- [ ] Make the grocery list and help shop
- [ ] Cook a simple family dinner
- [ ] Mow the lawn
- [ ] Watch younger siblings for a short time

Every child is different. Treat these as starting points, and do a chore together a few times before handing it over.

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Our weekly chores

Week of _____

CHORE	WHO	M	T	W	T	F	S	S	NEXT WEEK
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	
		○	○	○	○	○	○	○	

Points this week

_____	_____	_____	_____
pts	pts	pts	pts

Tip: fill in “Next week” on Sunday night, so nobody argues about whose turn it is on Monday.

Want this chart to rotate itself and keep score? The rumaloom app does both, free to start.

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